

# MANUEL E. BLASINI-MÉNDEZ

## EDUCATION

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<b>PsyD</b>	Graduate School of Clinical Psychology, George Fox University Newberg, Oregon Dissertation: "Shame, Resiliency, Trauma-Stress and Alcohol Related Behaviors in Puerto Rico" Committee: Winston Seegobin, PsyD. (Chair), Glenna Andrews, PhD., Kathleen Gathercoal, PhD.	<b>Expected Graduation: 2021</b> <b>Defended: September 20, 2019</b>
<b>MA</b>	Graduate School of Clinical Psychology, George Fox University Newberg, Oregon	<b>2018</b>
<b>Certified Family Business Advisor</b>	Family Firm Institute	<b>Expected Completion: 2021</b>
<b>CAT IV</b>	National Association of Drug and Alcohol Interventionists & Education Commission of Intervention Institute	<b>2018-2022</b>
<b>BS</b>	<b>Universidad del Sagrado Corazón, Natural Science</b> Santurce, Puerto Rico Graduated Summa Cum Laude Minored in Psychology	<b>2016</b>

## LANGUAGES SPOKEN

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*Spanish:* Native Language

*English:* Distinguished levels in Listening, Speaking and Reading

## CLINICAL EXPERIENCE

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<b><i>Doctoral Intern</i></b> <b>Oregon State University</b> Corvallis, Oregon	<b>Current</b>
<ul style="list-style-type: none"><li>• Work as an Interpersonal Violence Survivor Therapist</li><li>• Provide English and Spanish individual therapy</li><li>• Co-lead Support Groups for the Latino/a student body.</li></ul>	

- Engaged in multiple Mental Health Promotion Activities.
- Reviewed Counseling Center Assessment of Psychological Symptoms (CCAPS) with each individual client.
- Work in triage and on call services for students and people of the community.
- Conducted intake interviews with clients
- Worked with a diverse population (i.e. international students, LGBTQ, ethnic minorities)

***Supervisor: Shaznin Darwalla, PsyD***

***Practicum Therapist***  
**Behavioral Health Clinic**

**2019-2020**

Newberg, Oregon

- Conduct clinical interviews with clients
- Conduct urgent need intakes for people who were referred by the ED with Suicidal ideations.
- Provide English and Spanish individual and couples therapy for the people in the community.
- Administer two assessment batteries.
- Engage in Program Development
- Administer ORS, SRS assessments and other screeners.

***Supervisor: Joel Gregor, PsyD; Sylvia Ramirez, MA***

***Therapist***  
**Portland Mercado/United Methodist Church**

**2018-2020**

Portland, Oregon

- Provide Spanish individual therapy to individuals of the community; in particular Latino/a individuals.
- Facilitate a support group for Latino/a parents.

***Supervisor: Glenna Andrews, PhD***

***Practicum Therapist***  
**Oregon State University CAPS**

**2018-2019**

Corvallis, Oregon

- Co-lead an Interpersonal Process group & SMART Recovery group.
- Provided Spanish and English individual therapy to students from variety of ethnicities, backgrounds and mental health concerns.
- Reviewed Counseling Center Assessment of Psychological Symptoms (CCAPS) with each individual client.
- Work in triage and on call services for students and people of the community.
- Conducted intake interviews with clients
- Worked with a diverse population (i.e. international students, LGBTQ, ethnic minorities)

***Supervisors: Stephanie Shippen, PsyD; Erin Crozier, PhD; Jordan Torri, MA***  
***Spanish Supervisor: AJ Millet, PhD***

***Practicum Therapist*** 2017-2018**Warner Pacific University**

Portland, Oregon

- Provide therapy to students struggling with Eating Disorders, Schizophrenia, Trauma, Addiction, Anxiety, Depression and Interpersonal Issues; from a variety of backgrounds.
- Conduct clinical interviews with clients.
- Worked with a diverse population (i.e. international students, LGBTQ, ethnic minorities, military veteran)

***Supervisor: Glena Andrews, PhD******Pre-Practicum Therapist*** Fall 2017**George Fox University, Doctorate in Clinical Psychology Program**

Newberg, Oregon

- Conducted clinical intake with two undergraduate students
- Provided simulated therapy to two undergraduate students at George Fox University using a person-centered perspective.
- Administered ORS, SRS and MMSE assessments
- All sessions were video recorded and reviewed by supervisors.

***Supervisors: Glena Andrews, PhD and Cynthia Song, MA*****CONSULTATION**

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***Independent Consultant*** Current

- Help develop programs for organizations.
- Coordinate implementation of evidence based training and education in such organizations.
- Provided feedback on program development and implementation.
- Assisted in developing and implementing culturally sensitive and inclusive trainings and practices to such organization.
- Help in coordinating recruitment and employee qualifications.

***Organizational Consultant*** 2018-2019**Non-Profit Organization**

Portland, Oregon

- Create and administer a qualitative and quantitative organizational Needs Assessment (communication, power dynamics, employee satisfaction, burnout) to a Non-profit organization in Portland, Oregon.
- Provided feedback and recommendations to the organization.

***Supervisors: Marie Goodworth, PhD******Clergy Assessment Assistant*** 2017-2019**George Fox University, Doctorate in Clinical Psychology Program**

Newberg, Oregon

- Administer and interpret Personality Assessments for diaconal/pastoral candidates in order to assess for their “fit” for the position.
- Conduct clinical interviews with diaconal/pastoral candidates.
- Serve as a translator for Spanish speaking candidates.

**Supervisor: Nancy Thurston, PsyD**

***Hurricane María Aftermath Mental Health Consultation***

**2018**

Bayamon, Puerto Rico

- Prepared, conducted and collected data on resiliency and post traumatic growth of the employees of two companies.
- Used the results to advise the executives of the company on ways to better support employees in times of hardship, in particular after a natural disaster.

**Supervisor: Winston Seegobin, PsyD; Kathleen Gathercoal, PhD**

***Undergraduate Minority Consultation***

**2016-2017**

**George Fox University**

Newberg, Oregon

- Developed and administer a questionnaire to find out which were the needs of the ethnic minority students.
- Provided consultation to the university administration to develop better support to minority students and to increase their psychological well-being in these difficult times.

**Supervisors: Glena Andrews, PhD**

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**SUPERVISION AND TEACHING EXPERIENCE**

**Supervisor and Teaching Assistant**

**Current**

**George Fox University**, Graduate School of Clinical Psychology

Newberg, Oregon

**Clinical Foundations of Treatment 1 & 2**

- Provide weekly group supervision to four first year graduate students.
- Provide individual supervision to four first year graduate students.
- Reviewed clinical skill-training videos, and provided feedback.
- Graded professional papers and clinical writing, and provided feedback.
- Worked with students individually and in a group setting to develop foundational therapeutic skills.

**Professor: Glena Andrews, PhD**

**Teaching Assistant**

**2018**

**George Fox University**, Psychology Department

Newberg, Oregon

**Racial Healing**

- Undergraduate course taught to 20 students.
- Assisted professor by facilitating small and large group discussions,

covering the following topics: Understanding the Origins of Racism, Examining the Impact of Racism, Examining the Impact of Denial, Unconscious Racial Preferences, Microaggressions, What does it mean to be White?, Ally Building, Understanding Institutional Racism and Defining the Healing Process.

**Professor: Winston Seegobin, PsyD**

**Teaching Assistant,**

**2018**

**George Fox University,** Graduate School of Clinical Psychology  
Newberg, Oregon

**Substance Abuse**

- Revised the syllabus to meet accreditation standards.
- Provided support to the professor during the class time.
- Helped the professor plan class interventions to facilitate learning.

**Professor: Jory Smith, PsyD**

## **LEADERSHIP**

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***Clinical Advisory Committee, Member***

**Current**

**George Fox University,** Doctorate in Clinical Psychology Program  
Newberg, Oregon

- Coordinate in finding speakers for Colloquium's and Grand Rounds.
- Consult with DCT on didactic topics and speakers.
- Polling the students for opinions about curriculum issues and other feedback.

**Supervisor: Glenna Andrews, PhD**

***Multicultural Leadership, Member***

**Current**

**George Fox University,** Doctorate in Clinical Psychology Program  
Newberg, Oregon

- Address systemic and societal multicultural issues.
- Find ways to improve the program in how they address adversity.

**Supervisor: Winston Seegobin, PsyD**

***Diversity of Leadership Panel, Panelist***

**January 2020**

**George Fox University,** Doctorate in Clinical Psychology Program  
Newberg, Oregon

- Discuss how Leadership looks like through various cultural lens.
- Discuss how to be a leader while holding diverse identity markers.

## **RESEARCH EXPERIENCE**

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***Shame, Resiliency, Trauma-Stress  
and Alcohol Related Behaviors in Puerto Rico***

George Fox University, Newberg, Oregon

*Advisor: Winston Seegobin, PsyD*

***Post-Traumatic Growth and Resiliency  
in Puerto Rican Hurricane Maria Victims***

George Fox University, Newberg, Oregon

*Advisors: Winston Seegobin, PsyD. and Kathleen Gathercoal PhD.*

## **PRESENTATIONS AND PUBLICATIONS**

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### ***Journal***

**Blasini-Méndez, M.** (2019). Interpersonal Postcolonial Supervision: Facilitating Conversations of Countertransference. *Training and Education in Professional Psychology, 13*(3), 233–237.

### ***Poster Presentation***

**Blasini-Méndez, M.,** Gathercoal, K., Seegobin, W., & Leytle, M. (2018, August). Post-Traumatic Growth and Resiliency in Puerto Rican Hurricane Maria Victims. Poster presented at annual meeting of the American Psychological Association, San Francisco, CA

## **PROFESSIONAL TRAINING**

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### ***Clinical Team***

**George Fox University, Doctorate in Clinical Psychology Program**

- Present 3 Psychodynamic/Interpersonal cases to a group of 4-6 peers each year.
- Collaborated with other group members over case conceptualization of other individuals
- Consulted with clinical team on possible treatment approaches
- Examined multicultural aspects of cases presented to team
- Supported less-advanced students in their conceptualization

***Supervisor: Christina Weiss, PsyD***

***Current***

***Supervisor: Kris Kays, PsyD***

***2018-2019***

***Supervisors: Mary Peterson, PhD and Kyler Shumway, MA***

***2017-2018***

***Supervisor: Rodger Bufford, PhD***

***2016-2017***

### ***Multicultural Training***

***2017***

**Center for Multicultural Training in Psychology, Boston Medical  
Boston, Massachusetts**

- Received a two-day training on how to address multiculturalism with clients and within psychological, educational and medical systems.

### ***Leadership Training***

***2017***

**George Fox University, Doctorate in Clinical Psychology Program  
Newberg, Oregon**

- Received 8 hours of leadership training.
- Developed an understanding of different leadership styles and how they coexist within a system.

## **OTHER PROFESSIONAL TRAINING & WORKSHOPS**

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Forster, C. (2019). Intercultural Communication

Worthington, E. (2019). Promoting Forgiveness

Bermudez, M. (2019). Working with Immigrants and Mixed-Status People in the US: Practicing Sociocultural Attunement

Marlow, D. (2019). Foundations of Relationships Therapy-The Gottman Model

Safi, D., Millkey, A. (2019). Opportunities in Forensic Psychology

Pengelly, S. (2018). Old Pain in New Brain

McMinn, M., McMinn, L. (2018). Spiritual Formation and the Life of a Psychologist: Looking Closer at Soul-Care

Vogel, M. (2018). Integration and Ekklesia

Taloyo, C. (2018). History and Application of Interpersonal Psychotherapy

Sordal, J. (2018) Telehealth

Gil-Kashiwabara, E. (2017). Using Community Based Participatory Research (CBPR) to Promote Mental Health in American Indian/Alaska Native (AI/AN) Children, Youth and Families

Wharford, P. (2017). Domestic Violence: A Coordinated Community Response

Brown, S. (2017). Native Self Actualization: It's assessment and application in therapy

Bourg, W. (2016). When Divorce Hits the Family: Helping Parents and Children Navigate

Kuhnhausen, B. (2016). Sacredness, Naming and Healing: Lanterns Along the Way

## **AWARDS**

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***Most Prominent Youth of Puerto Rico*** **2016**  
***In the area of Community Leadership***  
**Puerto Rican Youth Commission**  
**in Cooperation with the UNESCO Cultural Center**

***Dean's List Honor Roll*** **2012-2015**

***Portico Medal for Civism*** **2014-2015**  
 University's highest distinction.

*Portico Medal for Academics*  
University's highest distinction.

2015

### **PROFESIONAL AFFILIATIONS**

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<i>National Latina/o Psychological Association</i>	Current
<i>Division 35 - Society for the Psychology of Women</i>	Current
<i>Division 13 - Society of Consulting Psychology</i>	Current
<i>Division 50 - Society of Addiction Psychology</i>	Current
<i>American Psychological Association</i>	Current
<i>Puerto Rico Psychological Association</i>	Current

### **ASSESSMENT AND SCREENERS**

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*Previously Administered or Completed Competency*

16 Personality Factors Questionnaire (16PF)

Counseling Center Assessment of Psych Symptoms (CCAPS)

Millon Clinical Multiaxial Inventory-III (MCMI-III)

Minnesota Multiphasic Personality Inventory-II (MMPI-II)

Minnesota Multiphasic Personality Inventory-II, Restructured Format (MMPI-II-RF)

Mini-Mental State Examination, 2<sup>nd</sup> Edition (MMSE-II)

Outcome Rating Scale (ORS)

Personality Assessment Inventory (PAI)

Session Rating Scale (SRS)

Wechsler Adult Intelligence Scale, Fourth Edition (WAIS-IV)

Wechsler Individual Achievement Test, Third Edition (WIAT-III)

Wechsler Intelligence Scale for Children, Fourth Edition (WISC-IV)

Wechsler Memory Scale (WMS)